

The Career Girl orthotic device is manufactured with a flexible polypropylene shell which will allow some adaptation to shanks of different shoes. The cast correction that is used for the Career Girl type device consists of a constant soft tissue expansion. The forefoot is extrinsically posted with a short tip post that provides frontal plane control as well as seats the anterior edge of the shell to the forefoot of the shoe. This forefoot post will be ground according to the height of heel in which the device is to be worn. It is possible to vary the height of heel the device is worn in by one half to one inch, but any more variance than this does not allow the forefoot post to seat properly in the shoe. A shock absorbing forefoot extension of TuffFoam™ is applied for durability. Velcro attachments are provided with each pair so that the device can be stabilized for wear in sandals and sling back type shoes.

The Career Girl type device offers some control of foot function in fashion shoes. Obviously the control of foot function is not as exacting as might be obtained with a standard type of orthotic device in a more supportive shoe. The combination of the flexible polypropylene shell with extrinsic post does allow some shank control as well as forefoot balancing. Forefoot accommodations can easily be added to the device as long as there is adequate room in the toe box of the shoe. This device is useful for women who must wear fashion shoes for daily activities and as second pair for those women who would like some control in their fashion shoes as well as in their sports and every day shoes.

Career Girl™
Burns Lab

