



The Pressman Modular AFO is a fixed ankle AFO with a removable custom functional foot orthotic. The brace will fit inside the patient's normal walking shoes and will fit into men's loafers. The brace has a Swedish style leg component coupled with a custom molded, removable, polypropylene functional foot orthosis. There is a leg strap at the proximal end and a Velcro ankle strap to hold the heel in contact with the brace at heel off.

The Brace allows the patient the option of wearing the Modular AFO or the functional foot orthotic alone and it gives the clinician the ability to control the foot 24 hours a day (when used at night). During gait the Modular AFO controls the position and movement of the foot during the swing and stance phases of gait. It is particularly suited for sagittal plane control of foot and ankle pathology.

#### Indications:

- \*Plantar fasciitis
- \*Achilles tendonitis
- \*Post Achilles repair/TAL
- \*Post Haglund's repair with Achilles transfer
- \*Grade 1 and 2 posterior tibial tendon dysfunction
- \*Flaccid dropfoot
- \*Peroneal tendon dysfunction
- \*Post tibialis anterior repair
- \*Ankle instability
- \*Sinus tarsi syndrome
- \*Ankle and midfoot arthritis

#### Casting Instructions

The casting and measuring technique is straightforward. Simply cast the foot as you normally do for functional orthotics and then measure from the plantar surface of the heel to mid-calf. Then measure calf circumference. These two measurements with posting instructions and your preferred cast correction are all we need to fabricate the AFO.